

**Lake Sullivan Sports Complex – Riverside Regional Park****BMX Track** – (317) 327-8356*5 years and older can race, helmet required (rental available).***Major Taylor Velodrome** – (317) 327-8356*One of only 20 in the country, open riding times available.***www.in.gov/dnr/outdoor**. Click on “trails”*This website lists all natural surface trails 10 miles or longer maintained by the DNR in the national forest and county parks. It also lists the hiking clubs in Indianapolis.***Horse Racing****Hoosier Park**4500 Dan Patch Circle • Anderson 46013  
(800) 526-RACE • www.hoosierpark.com**Indiana Downs Racetrack**I-74 and Fairland Rd. (Exit 109) • Shelbyville  
(317) 421-0000 • www.indianadowns.com**Horseback Riding / Lessons / Boarding****Department of Natural Resources (DNR)**402 W. Washington St.  
Indianapolis 46204  
(317) 232-4200www.in.gov/dnr click on “recreation”,  
then “horse trails”*This website lists trail locations in the state parks and national forests. An annual permit can be purchased at the office as well, allowing horse access to all properties.**\* Please Note: Some parks and recreation departments (either County or City) maintain smaller trail heads specifically designated for horses.***Natural Valley Ranch**6310 E. County Rd. 350N • Brownsburg 46112 • (317) 852-6615  
50 acres of trails along White Lick Creek, full service boarding and riding facility.**Taylor Turn**5751 W. Southport Rd. • Indianapolis 46221 • (317) 821-9409  
Trail riding, lessons, boarding.**www.horse-riding.net***Offers information on these stables and many more in the Indianapolis region, including Zionsville, Whiteland and Pittsboro.***Off Road Driving****Indiana Four Wheel Drive Association (IFWDA)**

www.ifwda.org

*This website promotes 4WD recreation, membership information, calendar of events, newsletter, lists and links to numerous local clubs throughout central Indiana, including one in Shelbyville and Greenwood.***Running****Indiana Invaders** – www.indianainvaders.com  
Elite field and track team.**Indianapolis Marathon Road Runners Club**

(317) 826-1670 • www.indianapolismarathon.com

**Indy Runners** – www.indyrunners.org**The track at Indiana-Purdue University @ Indianapolis** is open to the public weekdays for walking, running or jogging. Call (317) 274-3518 for membership information.**Sailing****Eagle Creek Sailing Club**8901 W. 46th St. • Indianapolis 46234  
(317) 297-0079 • www.ecsail.org**Indianapolis Sailing Club**11325 Fall Creek Rd. • Indianapolis 46256  
(317) 849-0021 • www.indianapolisailing.org.**Soccer****Center Grove Soccer Club**www.centergrovesoccer.org  
In Greenwood (317) 422-9555**Indy Parks Soccer Program**

www.indy.gov

*Operates two soccer areas:***Golc Soccer Fields** – 7800 W. Washington St., (317) 327-7194*(2 regulation fields can be switched to 4 smaller fields for youth play)***Kunz Memorial Stadium** – 1502 W. 16th St., (317) 327-7193*(2 championship fields, locker rooms, press box, concessions)**The **Urban Soccer Development Program** for youth ages 6-13 can be reached at (317) 327-7193.***www.nationalsoccerranking.com***A great website for soccer fanatics, it lists team rankings by age group.***Swimming****Indiana Swimming Inc.**201 S. Capitol Ave., Suite 410  
Indianapolis 46225  
(317) 237-5780

www.inswimming.org

*Lists teams, times, meet forms, camps and college teams in the Indiana LSC.***Splash Island Family Waterpark**at the Plainfield Recreation  
and Aquatic Center  
651 Vestal Road  
Plainfield 46168  
(317) 839-7665

www.townofplainfield.com

*(Click on Parks & Recreation,  
then Splash Island)**For residents of and visitors to Plain-**field, Indiana, this 3.1 acre tropical**themed waterpark includes 3 water-**slides, an interactive play area with**kiddie slides, water jets, ropes and**guns, a gentle winding river, lilypad**crossing, two pulsating vortexes and**plenty of deck space and grass area**for sun bathing and family fun. The**park also includes a competition pool**and diving area. It's a great**place for a convenient, close-to-home**getaway.***Indy Parks**

www.indy.gov

*The website lists the beaches, numerous indoor and outdoor pools open for use, and “spray” playgrounds in the Indianapolis area. Information about aquatic passes, programs and maps to specific sites are also available.***Tennis****Indianapolis Racquet Club (two locations)**8249 Dean Rd. • Indianapolis 46240 • (317) 849-2531  
4901 N. Shadeland Ave. • Indianapolis 46226 • (317) 545-2228*24 indoor courts, 8 clay courts, junior and adult programs, leagues, tournaments, and pro shop.***Indianapolis Tennis Center**150 University Blvd. • Indianapolis 46202  
(317) 278-2100 • www.indytennis.iupui.edu*6 indoor courts, 18 outdoor courts (4 clay), year round classes all levels.***Indianapolis Tennis Championships**

www.tennisindy.com